

Conquer Back or Knee Pain Without Drugs or Surgery

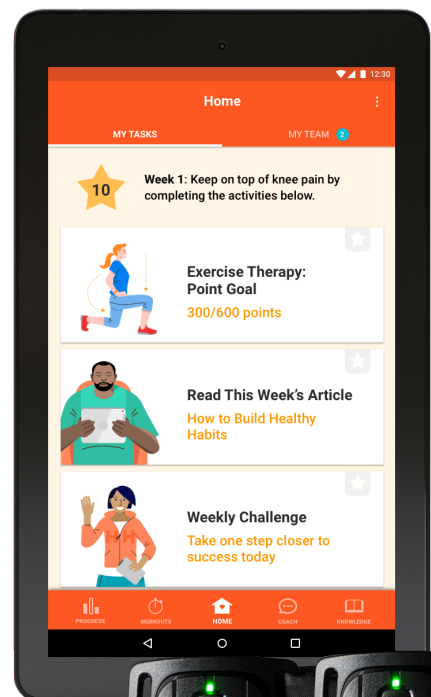
Apply today!

Employees and family members enrolled in a health plan through the Massachusetts Laborers' Health and Welfare Fund get **free access** to Hinge Health's innovative digital programs for knee or back pain, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 10,000 past Hinge Health participants:

- On average, reduced pain by over 60%
- 90% said they're less likely to get surgery



To learn more and apply, visit:

HINGEHEALTH.COM/MASSLABORERS