BlueCard® - When Traveling Inside of the U.S.

Find a Doctor or Hospital

- BlueCard Doctor and Hospital Finder
- BlueCard Access® Call Center: 1.800.810.BLUE (2583)

The BlueCard®: Short Trips

BlueCard® is a national program that enables members of one Blue company to obtain healthcare services while traveling or living in another Blue company's service area.

If you need care while away from home for less than 90 consecutive days, follow these steps:

- 1. Always carry your current Blue Cross and Blue Shield Plan HMO ID card
- 2. In an emergency, go directly to the nearest hospital
- 3. Call your primary physician or HMO for prior authorization and/or pre-certification, if necessary. Your HMO's number is located on your ID card.
- 4. To find nearby doctors and hospitals, call BlueCard Access at 1.800.810.BLUE (2583) or visit BlueCard Doctor and Hospital Finder.
- 5. When you arrive at the participating doctor's office or hospital, simply present your Blue Cross and Blue Shield ID card.

Away From Home Care®: Long Trips

The Away From Home Care Program gives Blue Cross and Blue Shield members access to a participating HMO and is available for members and their covered dependents in many states and the District of Columbia.

The program is designed for members who:

- have a child attending school out-of-state
- have family members living in different service areas
- have a long-term work assignment in another state
- Are a retiree with dual residence

For eligibility information and specific locations where the Away From Home Care Program is available, contact your HMO provider.

- Contact your local BCBS company
- Request BCBS insurance information

Follow these 5 easy steps for health coverage when you're away from home in the United States:

- 1. Always carry your current Blue Cross and Blue Shield ID card.
- 2. In an emergency, go directly to the nearest hospital.
- 3. To find names and addresses of nearby doctors and hospitals, visit the BlueCard® Doctor and Hospital Finder or call BlueCard Access® at 1-800-810-BLUE (2583).
- 4. Call your Blue Cross and Blue Shield company for pre-certification or prior authorization, if necessary (refer to the phone number on your Blue company ID card).
- 5. When you arrive at the participating doctor's office or hospital, simply present your BCBS ID card.

As a PPO member, the doctor will recognize the logo which will ensure that you will get the PPO level of benefits.

Coverage may vary for each Blue Cross and/or Blue Shield company, so be sure to check with your healthcare coverage provider before traveling.

After You Receive Care

- You should not have to complete any claim forms.
- You should not have to pay up front for medical services other than the usual out-of-pocket expenses (non-covered services, deductible, co-payment, and co-insurance).
 Your Blue Cross Blue Shield company will send you a complete explanation of benefits.

BlueCard® Worldwide - When Traveling Outside of the U.S.

BlueCard Worldwide® provides Blue Cross and Blue Shield members with access to a network of traditional inpatient, outpatient and professional healthcare providers around the world. The program includes a range of medical assistance and claim support services for members traveling or living in countries outside their Home Plan service area.

Find a Doctor or Hospital Worldwide

- BlueCard Doctor and Hospital Finder (you will be sent to the BlueCard Worldwide website)
- BlueCard Worldwide Service Center Inside the U.S.: 1.800.810.BLUE (2583)
- BlueCard Worldwide Service Center Outside the U.S. (call collect): 1.804.673.1177

When You Need Healthcare Outside The U.S.

- 1. Always carry your Blue Cross and Blue Shield identification card.
- 2. Check with your Blue Cross and Blue Shield company before leaving the U.S. because your health care benefits may be different outside the U.S.
- 3. If you need emergency medical care, go to the nearest hospital. Call the BlueCard Worldwide Service Center at 1.800.810.BLUE (2583) or call collect at 1.804.673.1177 if you're admitted.
- 4. If you need non-emergency inpatient medical care, you must call the BlueCard Worldwide Service Center. The Service Center will facilitate hospitalization at a BlueCard Worldwide hospital or make an appointment with a doctor. It is important that you call the BlueCard Worldwide Service Center in order to obtain cash-less access for inpatient care except for your usual out-of-pocket expenses (e.g., deductible, coinsurance). The Service Center is staffed with multilingual representatives and is available 24 hours a day, seven days a week.
- 5. Call your local BCBS company for pre-certification or prior authorization, if necessary. Refer to the phone number on the back of your card.

Download an International Claim Form

You will need Adobe Acrobat Reader to open the International Claim Form. You can get the Acrobat Reader at www.adobe.com.

- International Claim Form (English, letter paper size)
- International Claim Form (English, European A4 paper size)
- Reclamo Internacional (Español)

Neither the Blue Cross and Blue Shield Association nor any of its independent Licensees shall be liable for any losses, damages, or uncovered charges as a result of using the BlueCard Worldwide Service Center or receiving care from any provider listed on this site.